

THE
BOWER INN
EAT · DRINK · SLEEP

Pre-Appetisers: *Chargrilled ciabatta, olive oil, balsamic vinegar, £3.00, Garlic ciabatta, £3.00, Cheesy garlic ciabatta £4.00, Assorted olives in house marinade, £2.90, Pistachio nuts, £1.80*

Starters

Soup of the Day - £5.50

Fresh homemade soup, char-grilled ciabatta, butter

Warm Roasted Beetroot, Chantenay Carrots and New Potato Salad - £5.50

Served with ricotta cheese and chick peas, finished with balsamic dressing

Prawn Cocktail - £6.75

Prawns in a traditional Marie Rose sauce, crisp baby gem lettuce and brown bread and butter

Ham Hock and Apple Terrine - £6.00

Spiced apple chutney and crisp breads

Smoked Mackerel Pate - £6.50

Horseradish crème fraiche, citrus slaw and crispbread

Mushroom and Chestnut Arancini - £5.75

Breadcrumbs rice balls filled with sauté mushrooms and chestnuts served with spicy tomato dipping sauce and shaved parmesan

Mains

Home-made Fishcakes - £13.50

Smoked haddock and cheddar, creamed leeks, tomato dressing, pesto, toasted almonds, new potatoes

Bower Beef Burger- £13.00

Homemade burger, blue cheese, spicy tomato chutney, smoked bacon, fries, and coleslaw

Halloumi Burger (v) - £12.50

Pan fried Halloumi cheese, field mushroom, sliced tomato, brioche bun, fries, BBQ mayonnaise

Fish & Chips - £13.50

Freshly battered fish of the day, pea puree, hand cut chunky chips and tartare sauce

Whole-tail Scampi - £13.00

Breaded whole tail scampi, hand cut chunky chips, homemade tartar sauce, and garden peas

Risotto - £12.00

Butternut squash, feta cheese, spinach and pumpkin seeds, with parmesan crisp

Beef and Ale Stew - £13.50

Served with horseradish and thyme cobbler top, champ mashed potatoes and chantenay carrots

Pan Fried Salmon - £16.25

On Tarragon crushed new potatoes with green beans and salsa verde

Tenderloin of Pork - £17.50

Wrapped in Parma ham on roasted new potatoes, sauteed sprouts with almonds, topped with crispy sage leaves, and finished with a prune puree and cider jus

Roasted Chicken - £14.00

Roasted chicken, fondant potato, butternut squash puree, green beans and sauté mushrooms finished with a creamy Marsala wine sauce

Beef Lasagne - £12.75

Homemade beef lasagne, dressed leaves and garlic ciabatta

10oz Free Range Rump Steak - £17.00, 8oz Free Range Sirloin Steak - £18.00,

Served with field mushroom, grilled plum tomato, hand cut chunky chips

Add a black pepper sauce, blue cheese sauce or garlic butter - £2.00

Sides: *Dressed salad - £3.60, Chunky chips - £3.00, French fries - £2.80, Garlic bread – £3.00,*

Cheesy garlic ciabatta £4.00, Mashed or new potatoes - £2.80, Onion rings - £2.80

Food Allergies and Intolerances: Before you order your food and drinks please speak to our staff if you want to know about our ingredients'

West Country Cheese board - £8.00 pickles, chutney and biscuits

Home Made Puddings Selection - £6.00

Coconut panna cotta with mango & Malibu compote, toasted coconut and dark chocolate shavings

Squidgy chocolate brownie, chocolate sauce with cream or ice cream

Homemade cheesecake of the day

Baileys crème brûlée with homemade shortbread

Creamy vanilla rice pudding with red wine poached pear

Meringue with whipped cream, chocolate ganache and sweetened hazelnuts

Warm bakewell tart with vanilla ice cream and raspberry coulis

Dairy Ice Creams and Fruit Sorbets (3 scoops) - £4.50

Choose from strawberry, vanilla, or chocolate ice creams, lemon or raspberry sorbets

Fresh Ground Brazilian Blend coffee and tea:

Espresso £1.90

Cappuccino £2.50

Americano £2.20

Latte £2.50

Hot Chocolate £2.60

Teas £1.90

Liqueur Coffee £4.90

A Selection of our Liqueurs and Malts

<i>Courvoisier</i>	£3.45	<i>The Macallan 10 y.o.</i>	£3.60
<i>Cointreau</i>	£3.30	<i>Dalwhinnie 15 y.o.</i>	£3.60
<i>Tia Maria</i>	£3.30	<i>Glenfiddich</i>	£3.60
<i>Baileys</i>	£3.40	<i>Glenmorangie 10 y.o.</i>	£4.00
<i>Taylor's LBV Port</i>	£3.45	<i>Drambuie</i>	£3.25

Children's Choice

Pork bangers - £5.50

Whole-tail breaded scampi - £5.50

Deep fried breaded chicken dippers - £5.50

Fish fingers - £5.50

All the above with French Fries, mash or new potatoes and salad, beans or peas

Cheesy pasta - £5.00

Children's Pudding Selection - £3.50

Squidgy chocolate brownie, chocolate sauce with cream or ice cream

Creamy vanilla rice pudding with strawberry jam

Dairy ice cream; chocolate, strawberry or vanilla